



PRESENTS

Palette of Colors 2024



DIAMONDS, DENIM & DREAMS

Therapeutic art as a tool for mental health.

SATURDAY, APRIL 27, 2024

AT THE

RANCHO SANTA MARGARITA BELL TOWER

HOW YOUR DONATION HELPS



\$60

Gift one student one Art4Healing® workshop.

\$240

Gift one student a **4-week series** of Art4Healing® workshops.

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Gift an **entire class** of 10 students one Art4Healing® workshop.

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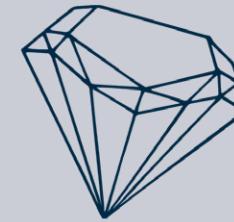
Art & Creativity for Healing
23011 Moulton Parkway, Suite I-5,
Laguna Hills, CA 92653
Ph: 949.367.1902 - Fx: 949.367.1904
info@art4healing.org - www.art4healing.org

VALUED SPONSORS AND GUESTS



WELCOMES YOU TO OUR 2024 EVENT

Palette of Colors 2024



DIAMONDS, DENIM & DREAMS

RAISING FUNDS TO SUPPORT
MENTAL HEALTH & EMOTIONAL HEALING
THROUGH ART & CREATIVE EXPRESSION FOR:

Troubled Teens
Survivors of Domestic Violence & Sex Trafficking
Grieving Seniors
Families Experiencing Homelessness
Wounded Warriors & Children of the Deployed

WE ARE THANKFUL FOR YOUR
GENEROSITY AND PARTICIPATION
IN TONIGHT'S EVENT.



Palette of Colors 2024

DIAMONDS, DENIM & DREAMS

EVENT SCHEDULE

Registration

Doors open at 4:30 p.m.

Open Bar & Hors d'Oeuvres Reception

5:00 p.m.

Silent Auction

5:00 p.m. – 7:00 p.m.

Dinner

6:00 p.m. – 7:00 p.m.

Program & Live Auction

7:30 p.m. – 8:30 p.m.

Music, Dancing, & Mingling

8:45 p.m. – 10:00 p.m.

Event Ends

10:00 p.m.



OUR MISSION:
TO SUPPORT EMOTIONAL HEALING
THROUGH ART & CREATIVE EXPRESSION
FOR THOSE LIVING WITH
PAIN, GRIEF, FEAR OR STRESS.

OUR MISSION

We give pain a voice and meaning by providing therapeutic art workshops to support mental health and emotional healing for children, families, individuals, and military personnel using our unique Art4Healing® method. These workshops and community programs offer expression, encouragement, clarity, and insight, and are held at our facility in Laguna Hills, California, and on-site at hospitals, treatment centers, schools, military facilities, shelters, and other non-profit centers.

A CREATIVE PROCESS THAT FACILITATES HEALING

Art & Creativity for Healing facilitates the creative process while encouraging mental health & emotional healing—and these two paths often intersect when words are not adequate, and pain is too deep.

The mix of artistic development and expression coupled with a creative healing model allow participants to learn a new way of communicating through color that encourages emotional breakthroughs and further enhances the therapy process. Unlike other art programs that employ a loose format of free expression, the Art4Healing® curriculum contains strictly guided exercises, conducted by trained and certified facilitators, and is designed to elicit emotional responses.

A HISTORY OF TRANSFORMATION

Since our inception in 2000, Art & Creativity for Healing, Inc., a 501(c)(3) nonprofit corporation, has directly fostered transformational change for over 95,000 children, women, and families who have found our creative intervention a valuable tool to address the often unbearable pain in their lives.

With more than 40 non-profit program partners in Orange, San Diego and Los Angeles counties, we have created an effective methodology for reaching people in pain. Thanks to the support of foundations, corporate and private donors, we are able to provide programs and services for approximately 4,000 Southern California residents each year. We serve all individuals regardless of race, creed, sex, age, or emotional stability.

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Contact co-chairs Thanh & Lino Cambaliza at:
thanh.cambaliza@gmail.com

EVENT CO-CHAIRS

Thanh Cambaliza & Nickie Tran

WITH THANKS TO OUR EVENT CO-CHAIRS

Thanh Cambaliza & Nickie Tran



Thanh & Nickie,
We are grateful for the time and energy you have put into making tonight's gathering a success. Your ongoing dedication to the work of Art & Creativity for Healing is greatly appreciated.

WITH THANKS TO OUR AUCTION CHAIR

Elizabeth Kurtz



Elizabeth,
We are thankful to you for all of the effort you have put into making tonight's silent and live auctions a success. Your contributions to the work of Art & Creativity for Healing are greatly appreciated.



Sharlene Baker
Trudy Bruning
Stephanie Burns
Margie Bushaw
Elizabeth Green
Wendy Joy
Jean Kerrigan
Marilyn Liu
Yumiko Majima
Andi Mandel

Sue Parr
Patti Romo
Wendy Schaller
Sue Stinson
Lisa Stoughton
Diane Stroebel
Randi Winters
MaryAnn Wisner
Sandy Wood
Brenda Zeller



A HeARTfelt thank you to our
HeARTs for Healing Women's Guild!
These compassionate, energetic, and dedicated ladies
serve as ambassadors and representatives of our
organization to the community. Without their support,
this event would not be possible.

WITH THANKS TO OUR VOLUNTEER OF THE YEAR

Yumiko Majima



After attending the volunteer orientation, Yumiko knew she wanted to volunteer regularly at ACFH. After a few weeks of volunteering, she said she could feel the compassion and generosity of people who work here and support the organization. For the past year, she has faithfully volunteered in the office every week.

Yumiko also loves the Art4Healing method. "I like the Art4Healing method to encourage your inner emotions to come out and through the process you liberate your spirit. This method is unique in which you dig deep in your inner soul and experience the freedom and beauty of it."

We are so grateful to have a volunteer who is not only so committed to our organization, but who is kind, compassionate and very talented artistically! Thank you so much Yumiko for all that you do!

THANK YOU TO OUR FACILITATORS

With grateful hearts to the men and women who bring these tools to our community. We are privileged to work with you.

Amy Baker	Kim Schubert
Charley Baker	Nancy Stewart
Wendy Joy	Lisa Stoughton
Beth Kranz	Laura Svette
Jennette Pulecio	Randi Winters
Megan Sauder	Laurie Zagon

THANK YOU TO OUR VOLUNTEERS

Thank you for giving our your time, your resources and yourselves tonight. Your presence here tonight is so gratefully appreciated and we thank you!

Kristi Augustine	Montel Newhouse
Josh Baker	Susan Richardson
Susan Elizalde-Henson	Claudia Rizzi
Susie Garcia	Wendy Schaller
Elizabeth Green	Joe Sorrentino
Hannah Green	Lisa Stoughton
Deidra Jenkins	Laura Svette
Betty Jordan	MaryAnn Wisner
Eric Lokwest	Mary Beth Volpini
Marilyn Liu	Brenda Zeller

WITH THANKS TO OUR VOLUNTEER OF THE YEAR

Wendy Joy



Wendy started substituting for ACFH in May of last year and she quickly developed a passion for Art4Healing. Wendy then became a certified facilitator and started teaching regularly for us. We are so grateful for her because she has both an inner and outer warmth and shine and shares it so naturally with her students. Wendy shared the following about her experience with Art & Creativity for Healing:

"I have always found ways to bring art into the lives of others, to me the world is full of creativity and color, the language of which is universal. Although I was initially drawn to the creative aspect of Art4Healing, the experiences that have followed over the past 10 months have been about so much more than just paint on canvas. Whether I'm awed by the wisdom shared at a senior center, moved by the insights of teenagers at an ACCESS school or buzzing with the energy of a room full of elementary school students, the deep meaning and sharing that occur in each 2-hour workshop have brought an unexpected fullness to my life. "Less of you, more of them", this is what I remind myself of before every workshop. It was one of the key lessons in our AICP training. Tonight is no different. I sincerely thank you all for your generous support of Art&Creativity4Healing. I hope you will come join us for a workshop soon!"

Thank you for your dedication and heart, Wendy! We appreciate you!



Warrior Oak Woodturning was born from a confluence of service, sacrifice, and artistry. Founded by Ernesto Aquino, a former Marine with a heart for service and a hand for craftsmanship, WoW is more than a woodturning studio—it's a testament to the enduring spirit of resilience. Ernesto's journey, marked by his service and subsequent recovery, laid the foundation for a unique enterprise that melds military history with artistic expression.



At the core of Warrior Oak Woodturning is a mission that transcends the creation of handmade wood art. **Our mission is to heal using the therapeutic power of woodturning to aid veterans in their transition to civilian life.** It's all about legacy – preserving and honoring the history embedded in the military materials we use. Our creations are not just objects of beauty; they are stories of courage, transformation, and hope.

Warrior Oak Woodturning stands as a testament to the power of art to heal and inspire. Every item that emerges from our workshop is a symbol of the resilience, dedication, and untapped potential within each warrior. It is a reminder that even in the face of adversity, beauty can emerge, and the human spirit can rise, unbroken.

Join us on this extraordinary journey of artistry and healing. With each acquisition from Ernesto's handcrafted items, you become part of a profound story of triumph over adversity. Together, let us honor the courage and resilience of our wounded, ill, and injured warriors, as they shape wood and, in turn, shape their own futures.

CONTACT:

Phone: 760 297 6836

Email: warrorioak@gmail.com

www.warrorioak.com

THE ASTON FAMILY
CONGRATULATES



ON 24 YEARS OF BRINGING
ART AND HEALING
TO SO MANY IN OUR COMMUNITY.





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At Cambaliza McGee LLP, we're changing misperceptions that CPAs are all about numbers and analytics. We laugh, we cry, and we journey through the ups-and-downs of life with our clients. While it's true we're a team of innovative, skilled professionals who specialize in complex business matters, at our core we're all about building deep and lasting relationships.

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WHO RECEIVES HEALING ART BOXES?

"Healing Art Boxes" are distributed to children through our non-profit Partner Agencies. Some examples of the locations that the boxes are distributed to include:

- Children of the deployed
- Children in long term hospital care
- Children exposed to domestic violence
- Children whose families are experiencing financial hardship or homelessness.



“Thank you so much for the box of art supplies. I was going to cry. I have never received something like this before. I love the book where you can draw. I love the markers and colored pencils too! They are so cool! I also love all the art activities I can do at home!”

HEALING ART BOX RECIPIENT

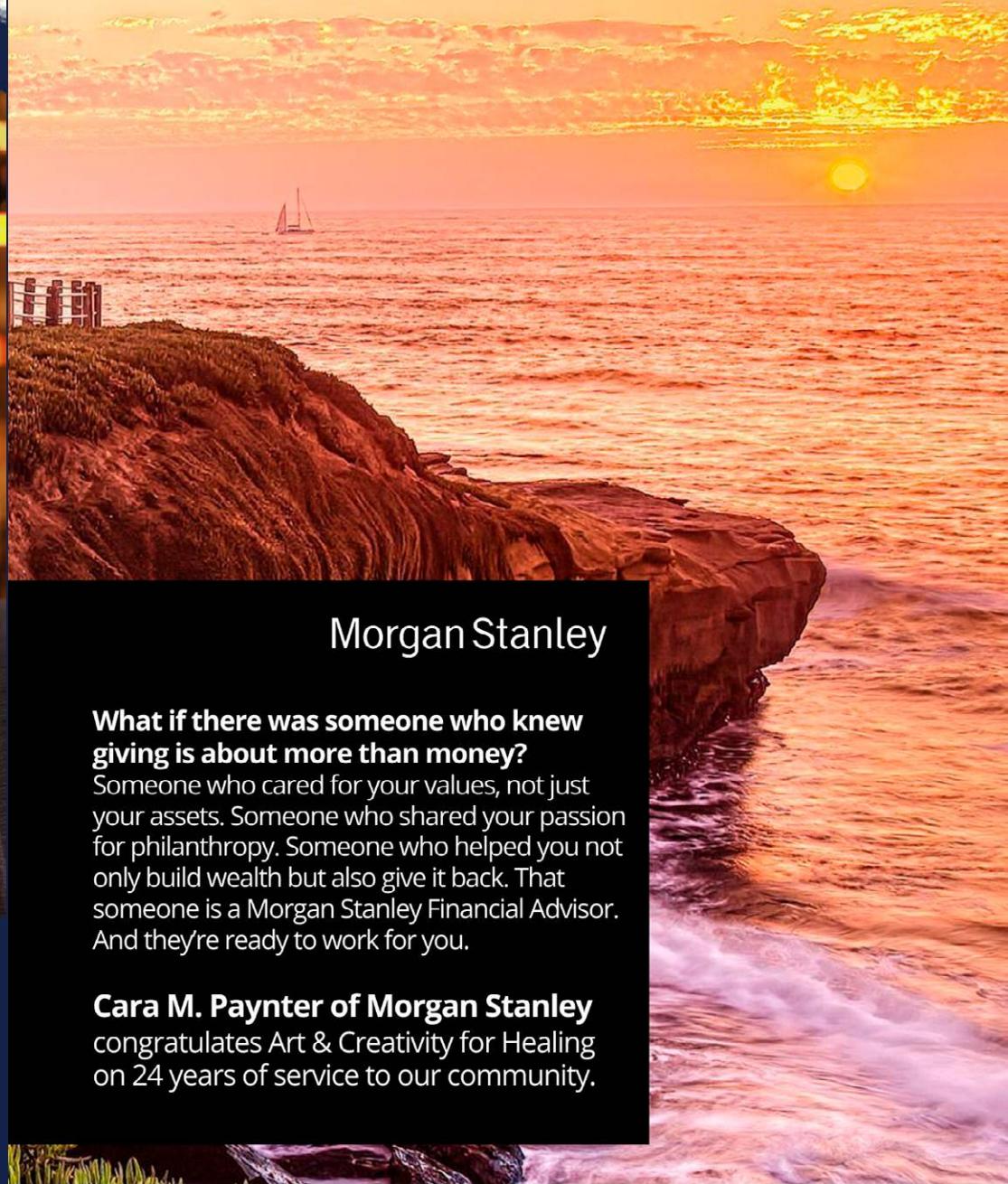
WWW.ART4HEALING.ORG/ARTBOXES



TO LAURIE & JOE

Thank you
FOR ALL THAT YOU DO!

-Rich & Andi Mandel



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Cara M. Paynter of Morgan Stanley congratulates Art & Creativity for Healing on 24 years of service to our community.



Morgan Stanley, Cara M. Paynter, Financial Advisor

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 (949) 365-5377

 cara.paynter@morganstanley.com

OUR PROGRAMS:

WOUNDED WARRIORS



"This gave me an outlet to express how overwhelming my anxiety can feel at times. I never share that, but I feel relief after painting about it."

TROUBLED TEENS



"I never talk about what's going wrong in my life because I get angry and don't know how to express myself - that's the black and green mixed together. Today I was able to express my emotions through art."

WOMEN SURVIVORS



"I experienced an emotional release throughout this workshop, giving me a safe space to heal. Not only did this workshop help me release my emotions, it also helped me connect with other women who have been through similar things I have."

UNHOUSED FAMILIES IN CRISIS



"This painting was a good reminder of the things I don't ever want to go back to and looking ahead to what I want my future to look like."

GRIEVING SENIORS



"This class means so much to me. I find the class activities uplifting and very meaningful as well as therapeutic. It gives me the opportunity to be with others in the community. The warmth, acceptance and kindness I feel here gives me the confidence to go out and participate with others in other activities."

LAST YEAR IN REVIEW

4,000+

Children & Adults Served and Impacted



500+

Workshops Facilitated Online & In Person



2,000+

Healing Art Supply Bags Delivered



40

Non-Profit Partner Agencies Served



PARTNER AGENCIES:

- American Family Housing
- Camp Pendleton Wounded Warrior Battalion – West
- Children's Bureau
- City of San Juan Capistrano Senior Community Center
- City of Stanton
- Council on Aging So. California
- Families and Communities Together (FaCT)
- Florence Sylvester Senior Center
- Human Options
- Illumination Foundation
- La Habra Family Resource Center
- Laura's House
- OC Rescue Mission
- Orange County Department of Education Alternative, Community, and Correctional Education Schools and Services (ACCESS)
- Project ACCESS
- Project Hope Alliance
- San Onofre Elementary School
- Someone Cares Soup Kitchen
- Stanton Boys & Girls Club
- Waymakers
- Western Youth Services

Thank you to
Art & Creativity for Healing
for all of your work
in Southern California.

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OUR APPROACH

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IT HAS BEEN AN HONOR FOR ME TO BE A
SUPPORTER OF ACFH FOR 24 YEARS.
CONGRATULATIONS TO
ART & CREATIVITY FOR HEALING.

-Joe Sorrentino a.k.a. "Mr. Zagon"



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PURPOSE

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MADE WITH PURPOSE

We believe that everyone deserves to live with hope, dignity, and freedom. Our programs in Mumbai, Cebu, Kampala, and Tijuana support women and girls escaping human trafficking and help them find economic freedom. We have seen the power of our programs transform lives. Survivors of human trafficking who were once exploited learn to receive love, heal through relationships, and grow in confidence.

WHAT WE DO

Through a safe, loving workplace community, girls and women escaping human trafficking gain economic freedom, access to education, quality healthcare, and a place to belong.



INCOME



EDUCATION

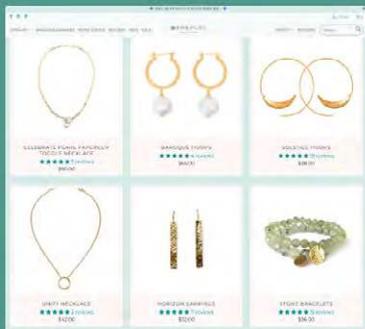


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Featured Artist: Tyler Rooke

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Celebrating

24 years of

Art & Creativity for Healing
bringing therapeutic art workshops
to our communities!

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Thank you for all you do to bring your unique creative process
to the lives of so many in need of healing.

The Joy Family

Ruth & Joseph C. Reed

FOUNDATION FOR THE ARTS



IN MEMORY OF

Ruth K. Reed

OF THE RUTH & JOSEPH C. REED FOUNDATION FOR THE ARTS
1922 - 2022

Ruth was born in Iowa in 1922. At the age of 16 she attended the University Of Chicago School Of Art. After receiving her degree in Art she studied under Henry Kreis, a renowned sculptor at that time. There she learned her passion for clay and wood sculpting. Falling in love, marriage and two children forced her to set aside art and raise her family. Moving to California in the 1950's, after the marriage failed, Ruth and her two children settled in Seal Beach where she found the love of her life Dr. Joseph Reed. Rekindling her art in the 1970's, Ruth studied oil, watercolors and acrylic painting. After Dr. Reed's death, Ruth started the Ruth & Joseph C. Reed Foundation for the Arts in 2012. Not only through the foundation but through her private giving, Ruth has invested millions into non-profit art programs that have educated tens of thousands of under-served students in middle and high schools throughout Southern California. Ruth's main mission for the foundation was to preserve fine art through the eyes of children and hopefully enrich their lives forever. Her dedication to art education will live on through her family foundation for decades to come.

"WE ARE VERY PROUD OF OUR RELATIONSHIP WITH ART & CREATIVITY FOR HEALING AND THE OPPORTUNITY TO SUPPORT SUCH A WORTHY ORGANIZATION THAT KNOWS THE VALUE OF ART IN OUR LIVES."



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Thank you to

THROUGH MIST
AND MOSS

for the lovely centerpieces
and cupcakes this evening!



ART & CREATIVITY
FOR HEALING

sends a big thank you to
Leslie Nguyen &



for the beautiful & delicious
mini donut table



Donut Hotline: 949-329-5074
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Have you been impacted by Art4Healing® and want to share it with others?

Become a certified Art4Healing® Facilitator:



Complete online in 2-9 months.

Personalize your schedule to complete each assignment.

9 hours of coaching via six virtual meetings with Art4Healing® Coach.

Complete 2 Practicums by recording and submitting videos facilitating workshops in your own community.



Contact us with any questions, we'd love to talk to you!
info@art4healing.org - 949-367-1902

CERTIFICATE PROGRAMS FREQUENTLY ASKED QUESTIONS

Who are the trainings for?

The Certification programs are designed for counselors, teachers, therapists, medical professionals, artists, and others interested in learning the Art4Healing® method and using the exercises in their own work with children and adults suffering from abuse, illness, grief or stress. Participants will learn how to use the language of color as a way to facilitate creativity and emotional expression through abstract painting on canvas and other visual mediums. Throughout the certification process, students will be asked to participate and facilitate segments of a workshop. This certificate allows for the individual use of the Art4Healing® methods within private practice or as a supplement to existing therapeutic, educational, or artistic programs.

How long does the certification take to complete?

International Online Certification.....Between 2- 9 months

Do I need an art background or art degree to apply?

Prospective students do not need an art background or an art degree to apply. We certify counselors, teachers, therapists, medical professionals, artists, and others who help children and adults suffering from abuse, illness, grief or stress in the Art4Healing® method.

Call us to learn more about our
Certification Program!



Scan me



We invite you to participate in one of our

Art4Healing Workshops

available live online and in-studio



PAINTING BY A PARTICIPANT FROM A STUDIO WORKSHOP

Zoom and Studio Workshops are open to the community. No previous art experience necessary.

REGISTER TO PARTICIPATE IN AN UPCOMING WORKSHOP

The Art of Surrender (Live Zoom)	Sun., May 5, 2024	2-4 PM
Anger (Live Zoom)	Sat., May 11, 2024	9-11 AM
Painting Rocks & Rivers (In Studio)	Sat., May 18, 2024	9-11 AM
Glorious Colors (Live Zoom)	Sun., May 19, 2024	2-4 PM
Identity in Color (In Studio)	Wed., May 22, 2024	6-8 PM
Painting Energy (Live Zoom)	Sun., June 2, 2024	2-4 PM
Betrayal (Live Zoom)	Sat., June 8, 2024	9-11AM
Painting the Fear Away (In Studio)	Sat., June 15, 2024	9-11AM
Disappointment & Loss (Live Zoom)	Sun., June 16, 2024	2-4 PM

All proceeds from Corporate, Zoom & In-Studio Workshops go towards providing free programs for our community non-profit Partner Agencies.



Scan me

THANK YOU TO OUR DONORS

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Laguna Art Museum	Natural History Museum	Sue Parr	Wendy Joy
Laurie Zagon	Nickie Tran	Sue Stinson	Wendy Schaller
Malibu Wine Hikes	Original Pizza Sports Bar	Summit House Restaurant	Wheel of Fortune
Mama's Comfort Food & Cocktails	Pageant of the Masters	Susie Cakes	Wild Rivers Waterpark
Marc Weisberg	Pasadena Playhouse	Table for 8	Wilson Creek Winery & Vineyards
Margie Bushaw	Patti Brotherton	Tanaka Farms	Yumiko Majima
Maria Todaro	PRP Wine International	Temecula Valley Wine &	

Art4Healing® 10 YEAR PROGRAM IMPACT REPORT:

With data collected from 19,234 Art4Healing® workshop participants between 2009-2020, we completed Outcomes Reports for 3 of our core programs that serve teens, homeless and economically disadvantaged families, active duty marines, veterans and their families. We are thrilled with the results and excited to share the Reports Key Findings (% represent outcome averages from 3 reports).

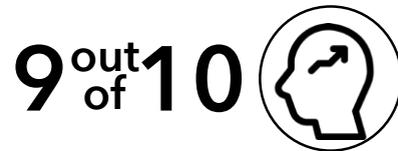


OVERALL SATISFIED WITH THEIR WORKSHOP

96% of participants were overall satisfied with their workshop

FELT BETTER

84.29% of participants strongly agreed that they felt better after taking a workshop

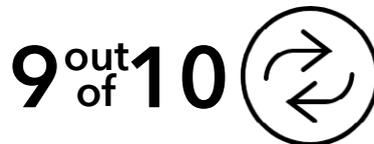


WOULD REFER A FRIEND

92.6% of participants would refer a friend to a workshop based on their experience.

TAKE ANOTHER WORKSHOP

93.2% of participants would like to take another Art4Healing workshop



INDIVIDUALS IMPACTED BY ART4HEALING®

since Art & Creativity for Healing's inception in 2000



5 REASONS WHY WE DO WHAT WE DO

1. To provide a way for non-artists to learn to express themselves creatively and intuitively.
2. To teach participants a method that is easy, fun and process oriented.
3. To reveal the language of abstract painted colors on canvas to build creative communication.
4. To guide participants to find their inner voice with expressive art.
5. To give participants the opportunity to learn more about art and painting abstractly.





Palette of Colors 2024

DIAMONDS, DENIM & DREAMS

MOBILE BIDDING GUIDE

**TO GET TO THE
ONLINE
BIDDING SITE,
SCAN THE QR
CODE HERE:**

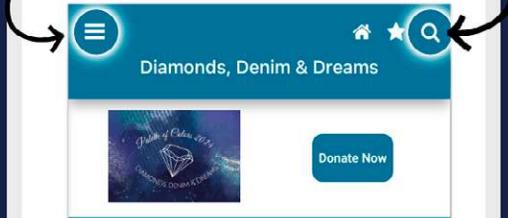


**IF YOU SEE AN ITEM YOU WOULD
LIKE TO BID ON, YOU CAN:**

**SCAN THE ITEM
QR CODE**



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